THE Collective GROUP

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Resource Directory

Mental Health & Substance Use | Oakland County

Updated - September 1, 2026

Community Resource Collective

THE RECOVERY COLLECTIVE

SAFE TONIGHT SHELTER

Crisis and 24/7 Lines

Start here when someone needs help right now.

Resource	Phone	Notes
Oakland County Crisis Line / Crisis Response Unit	(248) 463-5111	24/7
Common Ground Resource & Crisis Helpline	(800) 231-1127	24 hours, commongroundhelps.org
Detroit Recovery Project Crisis Service Line	(833) DRP-HEAL	24 hours, recovery4detroit.com
NA 24 Hour Crisis Line	(877) 338-1188	24 hours
OCHN Access Line	(248) 464-6363	Entry point for county-funded services, oaklandchn.org/192/Access-Services
Sober Support Unit (RCC)	(248) 456-8144	24/7 sobering and monitoring, see below

Sober Support Unit (SSU)

The SSU is the first step toward long-term substance use treatment. It is a sobering and monitoring program for people experiencing the side effects of drug or alcohol misuse.

- Open 24 hours a day, 7 days a week
- Trained recovery coaches and Emergency Medical Technicians (EMTs) on staff
- People are transferred from the unit to individualized treatment within 24 hours

Housed at the Oakland County Resource and Crisis Center (RCC), 1200 N. Telegraph Road, Building 32 East, Pontiac, MI 48341. For more information call (248) 456-8144.

Overdose Prevention Tools

Resource	Phone	Details
Alliance Peer Recovery Coaching	(248) 221-7101	alliancemi.org
OCHN Access Line	(248) 464-6363	oaklandchn.org/192/Access-Services
Harm Reduction Clinic	(248) 858-1729	48980 Woodward Ave, Pontiac, MI 48342. Mon to Fri, 9:00 to 5:00
Detroit Recovery Project 24 Hr Crisis Service Line	(833) DRP-HEAL	recovery4detroit.com

Save a Life Stations. Free naloxone stations placed throughout the county by the Alliance. Each station contains naloxone (Narcan) nasal spray, resource information, Deterra medication disposal bags, and fentanyl/xylazine testing strips. Find a station near you at alliancemi.org.

Detox and Treatment

Provider	Phone	Website
Oakland Community Health Network (OCHN) Access Offices	(248) 464-6363	oaklandchn.org
Henry Ford (formerly Ascension) Brighton Center for Recovery	(810) 220-5514	henryford.com
Hegira Health*	(734) 793-5026	hegirahealth.org
Henry Ford Maplegrove	(248) 661-6100	henryfordmaplegrove.com
Meridian Health Services*	(248) 599-8999	meridian-hs.org
Sacred Heart Rehab Center*	(248) 658-1116	sacredheartcenter.com
Skywood Recovery*	(248) 781-2796	skywoodroyaloak.com
Alliance Peer Recovery Coaching	(248) 221-7101	alliancemi.org
Crisis Line Crisis Response Unit 24/7	(248) 463-5111	

Medication Assisted Treatment (MAT)

Provider	Phone	Website
Meridian Health Services*	(248) 599-8999	meridian-hs.org
Neu Urgent Care	(248) 629-7497	neuurgentcare.com
Sacred Heart Rehabilitation Center, Madison Heights	(248) 658-1116	sacredheartcenter.com
Sacred Heart Rehabilitation Center, St. Clair Shores	(586) 541-9550	sacredheartcenter.com
Therapeutics LLC	(248) 977-3758	therapeutics.me
Honor Community Clinic	(248) 724-7600	honorcommunityhealth.org

Individual Therapy

Provider	Phone	Website
Henry Ford (formerly Ascension) Eastwood Clinics	(248) 849-3301	henryford.com
Catholic Charities of SE MI	(855) 882-2736	ccsem.org
CNS Healthcare	(800) 615-0411	cnshealthcare.org
Easterseals MORC*	(800) 75-SEALS	easterseals.com
Henry Ford Maplegrove	(248) 661-6100	henryfordmaplegrove.com
Milford Counseling	(248) 529-6383	milfordcounseling.com
River's Bend PC	(248) 585-3239	riversbendpc.com
Skywood Recovery*	(248) 781-2796	skywoodroyaloak.com
Training & Treatment Innovations (TTI)	(800) 741-1682	ttiinc.org
Oakland Family Services	(248) 858-7766	oaklandfamilyservices.org
Honor Community Clinic	(248) 724-7600	honorcommunityhealth.org

Inpatient and Outpatient Treatment

Provider	Phone	Website
OCHN Access Offices	(248) 464-6363	oaklandchn.org
Henry Ford (formerly Ascension) Brighton Center for Recovery	(810) 220-5514	henryford.com
CNS Healthcare	(800) 615-0411	cnshealthcare.org
Easterseals MORC*	(800) 75-SEALS	easterseals.com
Henry Ford Maplegrove	(248) 661-6100	henryfordmaplegrove.com
Meridian Health Services*	(248) 599-8999	meridian-hs.org
NEU Urgent Care	(248) 629-7497	neuurgentcare.com
Personalized Nursing Light House*	(800) 467-7654	pnlh.org
Sacred Heart Rehab Center*	(248) 658-1116	sacredheartcenter.com
Skywood*	(844) 839-0878	skywoodrecovery.com
River's Bend, Troy	(248) 585-3239	riversbendpc.com
River's Bend, West Bloomfield	(248) 702-6132	riversbendpc.com
Milford Counseling	(248) 529-6383	milfordcounseling.com
Oakland Family Services	(248) 858-7766	oaklandfamilyservices.org

Residential

Provider	Phone	Website
OCHN Access Offices	(248) 464-6363	oaklandchn.org
Henry Ford (formerly Ascension) Brighton Center for Recovery	(810) 220-5514	henryford.com
Hegira Health*	(734) 793-5026	hegirahealth.org
Henry Ford Maplegrove	(248) 661-6100	henryfordmaplegrove.com
Meridian Health Services*	(248) 599-8999	meridian-hs.org
Personalized Nursing Light House*	(800) 467-7654	pnlh.org
Sacred Heart Rehab Center*	(248) 658-1116	sacredheartcenter.com
Skywood Recovery*	(248) 781-2796	skywoodroyaloak.com
Turning Point, Pontiac*	(248) 334-7760	turningpointrecovery.org

Support Groups and Peer Recovery

Group	Phone	Website / Notes
Alliance SMART Recovery Support Meetings	(248) 221-7101	tinyurl.com/AllianceSMART
SMART Recovery		smartrecovery.org
CNS Healthcare Veteran Support	(800) 615-0411	cnshealthcare.org
Common Ground Resource & Crisis Helpline	(800) 231-1127	24 hours, commongroundhelps.org
Drug Free All Stars	(248) 907-3833	
Families Anonymous	(800) 736-9805	familiesanonymous.org, see website for your location
Henry Ford Maplegrove Free Family Education & Support Programs	(248) 661-6100	henryfordmaplegrove.com
Michigan AA	(248) 332-3521	aa-semi.org
Michigan NA, Metro Detroit	(248) 543-7200	michigan-na.org
NA 24 Hour Crisis Line	(877) 338-1188	
YPAA (Young People of AA)		mcypaa.org
Recovery Dharma		recoverydharma.org
NAMI Michigan (National Alliance on Mental Illness)	(517) 485-4049	nami.org/affiliate/michigan
MARA (Medication-Assisted Recovery Anonymous)		mara-international.org/michigan

LGBTQ+ Affirming Resources

Resource	Phone	Website / Notes
OCHN Access Offices	(248) 464-6363	oaklandchn.org
Affirmations	(248) 398-7105	goaffirmations.org
Corktown Health	(313) 832-3300	corktownhealth.org
CNS Healthcare	(800) 615-0411	cnshealthcare.org
Henry Ford Maplegrove	(248) 661-6170	henryfordmaplegrove.com
The Trevor Project	(866) 488-7386	Ages 13 to 24, thetrevorproject.org
MiGen	(313) 241-8994	Ages 45+, migenconnect.org
SEMAC	(313) 876-0616	semhac.org
Ruth Ellis Center	(313) 252-1950	Ages 12 to 30, ruthelliscenter.org